

Holiday Help List

This simple questionnaire may give you some direction in planning the holidays ahead.

Activity or Job	Would the holidays be "the holidays" without it?	Is there something you want to do differently?	Do you do it out of habit, tradition, free choice or obligation?	Is it a one person jog or can it be shared?	Who is responsible for seeing that it gets done?	Do you feel like doing it?
Holiday decorating inside & outside						
Buy and send greeting cards						
Attend special activities for children						
Attend holiday social functions						
Attend holiday business functions						
Attend community activities and events						
Attend special / traditional religious services						
See people you never see any other time of year						
Clean the house						
Give or attend a party						
Provide "quiet together" time for the family						

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Plan the meal						
Plan where to have a meal						
Plan with whom to share the meal						
Buy groceries						
Cook all or part of the meal						
Bake / exchange treats						
Make lists of what needs to be done						
Decide on gift-giving						
Prepare gift lists for family, friends & business associates						
Do the shopping						
Make homemade gifts						
Travel						